



UDHS Purple & Gold

Have a story to share? We'd like to hear from you! Please contact Dianne Zoccola at dzoccola@upperdarbysd.org

October 2023



Upper Darby Counselor Publishes Article

Becky VanderMeulen Writes Article for Professional Publication

Congratulations to Sophomore Counselor Rebecca "Becky" VanderMeulen, who published an article entitled "Post-COVID College Readiness" in the publication "Link for Counselors." Becky, who previously worked as a journalist, covers how the COVID pandemic affected student readiness for college, and offers tips for counselors to help students adjust. To read the complete article, please click on the link below.





LINK For Counselors Fall 2023

Menu Spring 2018 Fall 2023 Helping counselors prepare students for life a er high school.

☑ bt.e-ditionsbyfry.com

UDHS Volleyball "Digs Pink" for Breast Cancer Research



The Upper Darby Royals Volleyball team celebrated "Dig Pink" night for breast cancer research, wearing t-shirts showing their support, and also decorating the gym with pink balloons and supportive messages. Even better, the junior varsity and varsity teams both picked up wins!



Dianne Zoccola

Dianne is using Smore to create beautiful newsletters